

Culture and health across the lifespan – a broad and promising field of knowledge

Friday 4th of May 2018

PROGRAM

8.15-8.45 a.m. REGISTRATION

8.45-9.00 WELCOME SPEECH

Anna Starbrink, Commissioner for Healthcare and Chair of the Healthcare Committee and Karin Dahlman-Wright, pro-vice-chancellor of Karolinska Institutet.

Moderator: Katarina Lindblad, music therapist.

9.00-10.00 KEYNOTE ADDRESS

Lord Howarth of Newport, vice chairman of the British All-party Parliamentary Group on Arts, Health and Wellbeing, London, Great Britain.

10.10-10.50 THEME CHILDHOOD

Dancing to promote health amongst adolescent women.

Anna Duberg PhD, Health Sciences and Physiotherapist, Child and Adolescent Psychiatry, Örebro, Sweden.

10.55-11.05 ART PRESENTATION

Martin West, Art department, Stockholm County Council, about the art piece in the auditorium *Ready To Tell All* by Miriam Bäckström, Sweden.

11.05-11.35 COFFEE BREAK

11.35-12.15 p.m. THEME ADULTHOOD

Creating holistic environments around the patient.

Per Thorgaard, M.D. Head of Section, at Aalborg University Hospital The Faculty of Medicine, Aalborg, Denmark.

12.20-13.00 THEME OLDER ADULTS

Saturated Space. Colour schemes for elderly in Nursery Homes.

Mette L'Orange, Artist and Architect. Professor of Colour, University of Bergen and Oslo National Academy of the Arts, Oslo/Bergen, Norway.

13.00-14.10 LUNCH

Optional parallel sessions:

14.10-14.50 THEME CHILDHOOD (1)

A. Bridging Trauma informed care and Participation – Community music therapy for children and youth at risk

Viggo Krüger, music therapist and Associate professor at the Grieg Academy, University of Bergen, Norway.

B. Sjukhusbibliotekariens hemliga vapen

Karin Graube, librarian at the Sahlgrenska university hospital, Queen Silvia Hospital for Children and Young, and Eva Selin, librarian at Läsfirman, Gothenburg, Sweden.

C. Supporting parental singing during kangaroo care

Pernilla Hugoson, PhD student, University of Jyväskylä, Finland, Department of Music Therapy. Affiliated with Neonatology, Department of Women's and Children's Health, Karolinska Institutet, Stockholm, Sweden.

14.50-15.30 THEME ADULTHOOD (2)

A. Performance, Arts, and Health

Georg Drakos, Associate Professor Ethnology, Stockholm, Sweden.

B. ArtsEqual: discussing cultural determinants of health and wellbeing

Kai Lehtikainen, professor, vice director of Arts Equal research initiative University of the Arts Helsinki, Finland.

C. Applied educational drama within healthcare and training

Margret Lepp, Professor in Care Sciences at the University of Gothenburg, Sweden.

15.30-15.50 COFFEE BREAK

15.50-16.30 THEME OLDER ADULTS (3)

A. Art and Culture as Therapy for Alzheimer's

Halldóra Arnardóttir, PhD Art Historian and co-directress, Murcia, Spain/Reykjavik, Island.

B. Dance and Parkinsons Disease. The Skånes Dansteaters program

Project leader Tanja Mangalanayagam, Skånes dansteater and Victoria Larsson, PhD student, Clinical Memory research, University of Lund, and Georg Stenberg, participator in Dance for PD, Skånes Dansteater, Sweden.

C. A national center for competence for culture, health and care makes a difference.

Odd Håpnes, director of Nasjonalt Kompetansesenter for kultur, helse og omsorg, Levanger, Norway.

16.35-17.15 EXPERT PANEL: How to make decision makers realize the potentiality of the field?

- Elvira Brattico Professor, Center for Music in the Brain, Department of Clinical Medicine, Aarhus University & The Royal Academy of Music Aarhus/Aalborg, Denmark
- Max Liljefors Professor, division of Art history and Visual Studies, Dept of Arts and Cultural Sciences, University of Lund, Sweden
- Erik Sandøy, CEO Aleris Care, Norway
- Benny Marcel, director, Nordiska kulturfonden, Sweden
- Gunnel Orselius-Dahl, Chairman Stockholm County Culture Committee, Sweden
- Dr Rebecca Gordon Nesbitt, Researcher APPGAHW | Cultural Partnerships and Enquiry King's College London, Great Britain

Moderator: Professor emeritus Gunnar Bjursell

The conference Culture and health across the lifespan is held within the Swedish chairmanship of the Nordic Council of Ministers, arranged by the Center for Culture and Arts in Healthcare, Stockholm County Council, Sweden.