

Culture and health across the lifespan

– a broad and promising field of knowledge

PROGRAM

8.15-8.45

REGISTRATION

8.45-9.00

WELCOME SPEECH

Anna Starbrink, Commissioner for healthcare and Chair of the Healthcare Committee and Karin Dahlman-Wright, pro-vice-chancellor of Karolinska Institutet.

Moderator: Katarina Lindblad

9.00-10.00

KEYNOTE ADDRESS

Lord Howarth of Newport, vice chairman of the British All-Party Parliamentary Group on Arts, Health and Wellbeing, London, Great Britain.

10.10-10.50

THEME CHILDHOOD

Dancing to promote health amongst adolescent women.

Anna Duberg, PhD in health sciences and physiotherapist in child and adolescent psychiatry, Örebro, Sweden.

10.55-11.05

ART PRESENTATION

Martin West, Art department, Stockholm County Council, about the art piece in the auditorium *Ready To Tell All* by Miriam Bäckström, Sweden.

11.05-11.35

COFFEE BREAK

11.35-12.15

THEME ADULTHOOD

Creating holistic environments around the patient.

Per Thorgaard, MD, Head of section at Aalborg University Hospital, the faculty of medicine, Aalborg, Denmark.

12.20-13.00

THEME OLDER ADULTS

Saturated Space. Colour schemes for elderly in nursery homes.

Mette L'Orange, artist and architect. Professor of colour, University of Bergen and Oslo National Academy of the Arts, Oslo/Bergen, Norway.

13.00-14.10 LUNCH

14.10-14.45 THEME 1: CHILDHOOD

Your choice of session (see your name tag):

Aula

*Bridging trauma informed care and participation –
Community music therapy for children and youth at risk*

Viggo Krüger, music therapist and associate professor at the Grieg Academy, University of Bergen, Norway.

Room 1

The secret weapon of the hospital librarian

Karin Graube, librarian at the Sahlgrenska university hospital, Queen Silvia Hospital for Children and Young, and Eva Selin, librarian at Läsfirman, Gothenburg, Sweden.

Room 2

Supporting parental singing during kangaroo care

Pernilla Hugoson, PhD student, University of Jyväskylä, Finland, Department of music therapy. Affiliated with neonatology, Department of women's and children's health, Karolinska Institutet, Stockholm, Sweden.

14.50-15.25 THEME 2: ADULTHOOD

Your choice of session (see your name tag):

Aula

ArtsEqual: Discussing cultural determinants of health and wellbeing

Kai Lehtikainen, professor, vice director of ArtsEqual Research Initiative, University of the Arts Helsinki, Finland.

Room 1

Performance, arts, and health

Georg Drakos, associate professor ethnology, Stockholm, Sweden.

Room 2

Applied educational drama within healthcare and training

Margret Lepp, professor in care sciences at the University of Gothenburg, Sweden.

15.30-15.45 COFFEE BREAK

15.45-16.20 THEME 3: OLDER ADULTS

Your choice of session (see your name tag):

Aula

A national center for competence for culture, health and care makes a difference

Odd Håpnes, director of the Norwegian Resource Center for Arts and Health, Norway.

Room 1

Art and culture as therapy for Alzheimer's

Halldóra Arnardóttir, PhD art historian and co-directress, Murcia, Spain/Reykjavik, Island.

Room 2

Dance and Parkinsons Disease. The Skånes Dansteaters program

Project leader Tanja Mangalanayagam, Skånes dansteater and Victoria Larsson, PhD student, clinical memory research, University of Lund, and Georg Stenberg, participator in *Dance for PD*, Skånes Dansteater, Sweden.

16.25-17.15 EXPERT PANEL: How to make decision makers realize the potentiality of the field?

- Dr Rebecca Gordon Nesbitt, researcher All-Party Parliamentary Group on Arts, Health and Wellbeing and Enquiry King's College London, Great Britain
 - Gunnel Orselius-Dahl, Chair of the Stockholm County Culture Committee, Sweden
 - Elvira Brattico, professor, Center for Music in the Brain, Aarhus University, Denmark
 - Max Liljefors, professor, Division of art history and visual studies, University of Lund, Sweden
 - Erik Sandøy, CEO of Aleris Care, Norway
 - Benny Marcel, director of the Nordic Culture Fund, Denmark/Sweden
- Moderator: Professor emeritus Gunnar Bjursell*

The conference Culture and health across the lifespan is held within the Swedish chairmanship of the Nordic Council of Ministers, arranged by the Center for Culture and Arts in Healthcare, Stockholm County Council, Sweden.

